Offenders tidy up eyesore

(l) Project supervisor Claude Roberts with community payback offenders

Before

After

Justice has seen to be done in Beckton after offenders tidied up an area chosen by a Neighbourhood Watch group.

Residents complained to members of the Neighbourhood Watch group that the car park in Boultwood Road was an eyesore.

The car park is privately owned but shared amongst ten people who have failed to keep the car park neat and tidy. As a result, it has become overgrown and a dumping ground for illegal fly tips.

A team of offenders serving their Community Order tidied up the car park by removing weeds and cutting back overgrowth thanks to a scheme called Community Payback.

Community Payback is a partnership between Newham Council, the Metropolitan Police and Probation Services. Low-risk offenders, serve sentences that repay local communities as part of their punishment.

As In Focus was going to print, the council ordered the owners of the car park to get rid of the fly tips. The owners have 28 days to clear the rubbish or face enforcement action.

Life coaching puts you back on track

A FREE personal life coaching project run by students from the University of East London in Beckton is helping people back on track.

e6 is a community based voluntary project that was set up by masters student in Coaching Psychology, Patricia Bryce, to help people improve skills, manage their time, make the most of their money, boost their motivation and confidence or lose weight.

Patricia's colleague and fellow coach, Christine Kane, said: "Life coaching is an objective one-to-one conversation about what that person wants to change in their life; whether it's building confidence to discovering what career to do."

Free life coaching sessions happen every last Wednesday of the month from 6.30-7.30pm at the Knowledge Dock Business Centre, 4 University Way, E16 – no appointment needed. For more information call Patricia on 07939 799 078.

Life coachers (l-r) Christine and Patricia